

<b>TEAM:</b>	<b>DATE:</b>	<b>NUMBER OF PLAYERS:</b>
<b>SESSION OBJECTIVE:</b>		
<b>EQUIPMENT:</b>		
<b>ORGANISATION</b>		
<b>EXPLANATION:</b>		
<b>COACHING POINTS:</b> <i>What do you want the players/team to learn in this session?</i> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> </ul>		
<b>SO-CHANGE-IT:</b>		
<b>REFLECTION/NOTES:</b>		

